

Know Your Surgeon

- Dr. Sekhon has been in Reno since 2005.
- He founded Neurosurgery in 2010
- Dr. Sekhon is a world leader in spine surgery, especially artificial disc surgery.
- Dr. Sekhon has performed thousands of spine surgery operations and is comfortable with most procedures, ranging from the simplest to the most complicated.
- Dr. Sekhon values patient education highly, and ensures all patients understand their options and if surgery is planned, every facet of the surgery is explained.
- Dr. Sekhon prides himself on his communication skills with his patients.
- Dr. Sekhon has a detailed understanding of both surgical and non-surgical options and can advise on the best options, tailored to each patient.
- Dr. Sekhon is frequently involved as a teacher and lecturer at conferences throughout North America. He regularly teaches younger and older surgeons spine surgery including some of the latest cutting edge techniques including minimally-invasive surgery and motion preservation surgery.
- He is currently Chief of Neurosurgery at Renown Regional Medical Center and on the Board of AO Spine North America.
- Outside of work, he focuses his life on his family and home.

Things You May Not Know About Dr. Sekhon

- He spent 17 years training to be a spine surgeon.
- He completed a PhD in neurosurgery as well as 2 fellowships (advanced training) in neurosurgery and spine surgery. This was after completing 5 years of medical school and 7 years of neurosurgical residency!
- He performed world-first operations in Sydney, Australia as well as working at the busiest spine surgery unit in the country.
- He regularly analyzes and reviews his results and outcomes to improve the care of his patients.
- He regularly teaches orthopedic and neurosurgeons throughout the US on various aspects of spine care.

Things About Your Care He Values

- Education- he believes you need to understand every aspect of your condition and care.
- He only offers treatments he would offer his own family.
- He is an expert in complication avoidance and prides himself on his low complication rate.
- He understands options outside surgery very well and can guide you on nonsurgical options.

Seeing A Physician Assistant

- A physician assistant is the extension of the eyes and ears of the physician. You will see one before and after surgery, and in hospital. Working as a team the physician assistant and the surgeon provide better care and follow up than a physician alone.



CONTACT DETAILS

Lali Sekhon, MD, PhD, FACS
Nevada Neurosurgery

- 75 Pringle Way, Suite 701 · Reno NV 89502
- Plumas District Hospital, Quincy

Tel: 775.657.8844 Fax: 775.657.9881

www.nevadaaneurosurgery.com



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Dr. Sekhon has been managing patients with spinal and neurosurgical conditions for over 25 years, since 1989. He came to Reno in 2005 having spent the previous 5 years as Head of Complex Spine Surgery in the major teaching hospital in Sydney, Australia. He joined Sierra Neurosurgery Group in 2013.

Dr. Sekhon earned his undergraduate, medical degree and PhD from the University of Sydney, Australia. Dr. Sekhon completed a spine/neurosurgery fellowship at the Mayo Clinic in Rochester, Minnesota, as well as a spine/minimally invasive surgery fellowship at Toronto Western Hospital in Ontario, Canada. He is a member of the Australasian and American College of Surgeons (FRACS and FACS). He is a fellow of the American Association of Neurological Surgeons (FAANS).

Dr. Sekhon has received numerous honors and awards including the Young Neurosurgeons Award from the World Federation of Neurosurgeons and the 2000 Outstanding Clinical Research Award from the Cervical Spine Research Society. More recently he has twice achieved the AMA's Physician's Recognition Award, the Patients' Choice Award since 2008 and America's Top Doctors Award in 2013-2018. He also received one of the Best Doctors in America Awards for 2009-2012. He has published over 100 peer-reviewed articles, a dozen book chapters and almost 50 abstracts. He is still engaged in groundbreaking research. In 2013 he was awarded ThinkFirst Sponsoring Physician of the Year.

Dr. Sekhon is a pioneer of spine surgery, and is recognized internationally for his expertise in artificial disc surgery, cervical spine disorders and spinal trauma. He has expertise in all manner of adult spinal disorders.

Dr. Sekhon is a member over 20 professional associations including the North American Spine Society, and the American Association of Neurological Surgeons. He was also member of the Spine Trauma Study Group, one of only 45 surgeons worldwide.

During his career, Dr. Sekhon has presented at a multitude of national and international medical conferences. He is on the editorial board for seven journals, including the Journal for Spinal Disorders & Techniques, Spine, The Spine Journal and SpineUniverse.

Dr. Sekhon teaches orthopedic and neurosurgeons throughout North America and is on the Board of Directors for the AO. He is also an instructor to surgeons throughout North America on spinal surgery. He is currently an Adjunct Clinical Professor for the University of Nevada, School of Medicine. Since 2017 he has been Chief of Neurosurgery at Renown Regional Medical Center. He is also on the AO Spine North America Board. When not working he devotes his time to his wife and children. He enjoys travel, teaching, hockey and computers.

