

Know Your Surgeon

- He has worked in Reno since 2005 and joined Reno Orthopedic Clinic in 2019.
- Dr. Sekhon is a world leader in spine surgery, especially artificial disc surgery.
- Dr. Sekhon has performed thousands of spine surgery operations and is comfortable with most procedures, ranging from the simplest to the most complicated.
- Dr. Sekhon highly values patient education and ensures all patients understand their options. If surgery is planned, every facet of the surgery is explained.
- Dr. Sekhon prides himself on his communication skills with his patients.
- Dr. Sekhon has a detailed understanding of both surgical and non-surgical options and can advise on the best option suited to each individual patient.
- Dr. Sekhon is frequently involved as a teacher and lecturer at conferences throughout the world. He regularly teaches beginning to more seasoned surgeons some of the latest cutting-edge techniques- including minimally-invasive surgery and motion preservation surgery.
- From 2016-2019 he was Chief of Neurosurgery at Renown Regional Medical Center and on the Board of AO Spine North America.
- Outside of work, his passions are his family and the San Jose Sharks.

Things You May Not Know About Dr. Sekhon

- He spent 17 years training to be a spine surgeon.
- He completed a Ph.D. in Neurosurgery, as well as 2 fellowships (advanced training) in Neurosurgery and spine surgery. This was after completing 5 years of medical school and 7 years of neurosurgical residency!
- He performed world-first operations in Sydney, Australia and spent many years working at the busiest spine surgery unit in the country.
- He regularly analyzes and reviews his results and outcomes to improve the care of his patients.
- He regularly teaches orthopedic and neurosurgeons throughout the US on various aspects of spine care.

Things About Your Care He Values

- Education- he believes you need to understand every aspect of your condition and care.
- He only offers treatments he would offer his own family.
- He is an expert in complication avoidance and prides himself on his low complication rate.
- He understands conservative options outside of surgery very well and can guide you on non-surgical options.

Seeing A Physician Assistant

- A physician assistant is the extension of the eyes and ears of the physician. You will see one before and after surgery, and in hospital. Working as a team the physician assistant and the surgeon provide better care and follow up than a physician alone.



CONTACT DETAILS

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Lali Sekhon MD, PhD, FACS
Reno Orthopedic Clinic

Lali Sekhon MD, PhD, FRACS, FACS

Dr. Sekhon has been managing patients with spinal and neurosurgical conditions for over 25 years. He came to Reno having spent the previous 5 years as Head of Complex Spine Surgery in the major teaching hospital in Sydney, Australia.

Dr. Sekhon earned his undergraduate, medical degree and PhD from the University of Sydney, Australia. Dr. Sekhon completed a spine/neurosurgery fellowship at the Mayo Clinic in Rochester, Minnesota, as well as a spine/minimally invasive surgery fellowship at Toronto Western Hospital in Ontario, Canada. He is a member of the Australasian and American College of Surgeons (FRACS and FACS). He is a fellow of the American Association of Neurological Surgeons (FAANS).

Dr. Sekhon has received numerous honors and awards including the Young Neurosurgeons Award from the World Federation of Neurosurgeons and the 2000 Outstanding Clinical Research Award from the Cervical Spine Research Society. More recently he has twice achieved the AMA's Physician's Recognition Award, the Patients' Choice Award since 2008 and America's Top Doctors Award in 2013-2018. He also received one of the Best Doctors in America Awards for 2009-2018. He has published over 100 peer-reviewed articles, a dozen book chapters and almost 50 abstracts. In 2013 he was awarded ThinkFirst Sponsoring Physician of the Year.

Dr. Sekhon is a pioneer of spine surgery, and is recognized internationally for his expertise in artificial disc surgery, cervical spine disorders and spinal trauma. He has expertise in all manner of adult spinal disorders.

Dr. Sekhon is a member over 20 professional associations including the North American Spine Society, and the American Association of Neurological Surgeons. He was also member of the Spine Trauma Study Group, one of only 45 surgeons worldwide.

During his career, Dr. Sekhon has presented at a multitude of national and international medical conferences. He is on the editorial board for six journals, including the Journal for Spinal Disorders & Techniques, Spine, and SpineUniverse.com.

Dr. Sekhon teaches orthopedic and neurosurgeons throughout North America and is on the Board of Directors for the AO Spine North America. He is also an instructor to surgeons throughout North America on spinal surgery. He is currently an Clinical Associate Professor for the University of Nevada, School of Medicine. From 2016- 2019 he was Chief of Neurosurgery at Renown Regional Medical Center. When not working he devotes his time to his wife and children. He enjoys travel, teaching, and his team, the San Jose Sharks.

