



# Know Your Team

- Dr. Sekhon has been in Reno since 2005. He was previously running an internationally recognized spine hospital in Sydney, Australia before setting up Nevada Neurosurgery in 2010.
- Dr. Sekhon is a world leader in spine surgery, especially artificial disc surgery.
- Dr. Sekhon has performed thousands of spine surgery operations and is comfortable with most procedures, ranging from the simplest to the most complicated.
- Dr. Sekhon values patient education highly, and ensures all patients understand their options and if surgery is planned, every facet of the surgery is explained.
- Dr. Sekhon prides himself on his communication skills with his patients.
- Dr. Sekhon has a detailed understanding of both surgical and non-surgical options and can advise on the best options, tailored to each patient.
- Dr. Sekhon is frequently involved as a teacher and lecturer at conferences throughout North America. He regularly teaches younger and older surgeons spine surgery including some of the latest cutting edge techniques including minimally-invasive surgery and motion preservation surgery.
- Outside of work, he focuses his life on his family and home.

## Things You May Not Know About Dr. Sekhon

- He spent 17 years training to be a spine surgeon.
- He completed a PhD in neurosurgery as well as 2 fellowships (advanced training) in neurosurgery and spine surgery. This was after completing 5 years of medical school and 7 years of neurosurgical residency!
- He performed world-first operations in Sydney, Australia as well as working at the busiest spine surgery unit in the country.
- He regularly analyzes and reviews his results and outcomes to improve the care of his patients.
- He regularly teaches orthopedic and neurosurgeons throughout the US on various aspects of spine care.

## Things About Your Care He Values

- Education- he believes you need to understand every aspect of your condition and care.
- He only offers treatments he would offer his own family.
- He is an expert in complication avoidance and prides himself on his low complication rate.
- He understands options outside surgery very well and can guide you on nonsurgical options.



## CONTACT DETAILS

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**Lali Sekhon, MD, PhD, FAANS, FACS, FRACS**

Dr. Sekhon has been managing patients with spinal and neurosurgical conditions for over 20 years, since 1989. He came to Reno in 2005 having spent the previous 5 years as Head of Complex Spine Surgery in the major teaching hospital in Sydney, Australia.

Dr. Sekhon earned his undergraduate, medical degree and PhD from the University of Sydney, Australia. Dr. Sekhon completed a spine/neurosurgery fellowship at the Mayo Clinic in Rochester, Minnesota, as well as a spine/minimally invasive surgery fellowship at Toronto Western Hospital in Ontario, Canada. He is a member of the Australasian and American College of Surgeons (FRACS and FACS). He is a fellow of the American Association of Neurological Surgeons (FAANS).

Dr. Sekhon has received numerous honors and awards including the Young Neurosurgeons Award from the World Federation of Neurosurgeons and the 2000 Outstanding Clinical Research Award from the Cervical Spine Research Society. More recently he has twice achieved the AMA's Physician's Recognition Award, and the Patients' Choice Award, most recently in 2011. He also received one of the Best Doctors in America Awards for 2009-2011. He has published over 100 peer-reviewed articles, a dozen book chapters and almost 50 abstracts. He is still engaged in groundbreaking research.

Dr. Sekhon is a pioneer of spine surgery, and is recognized internationally for his expertise in artificial disc surgery, cervical spine disorders and spinal trauma. He has expertise in all manner of adult spinal disorders.

Dr. Sekhon is a member over 20 professional associations including the North American Spine Society, and the American Association of Neurological Surgeons. He is also a member of the Spine Trauma Study Group, one of only 45 surgeons worldwide. During his career, Dr. Sekhon has presented at a multitude of national and international medical conferences. He is on the editorial board for five journals, including the Journal for Spinal Disorders & Techniques, Spine, The Spine Journal, SpineUniverse. Dr. Sekhon teaches orthopedic and neurosurgeons throughout North America with the AO. He is also an instructor to surgeons throughout North America on spinal surgery. He is involved in the design of groundbreaking spinal implants and has over a dozen patents. He is currently an Adjunct Clinical Professor for the University of Nevada, School of Medicine.



**Lisa Herz, PA-C**

Lisa Herz PA-C joins Nevada Neurosurgery as a third generation medical practitioner in Reno. She assists in all aspects of patient care from the office to the operating room, helping Nevada Neurosurgery to provide superior services to its patients.

Locally raised, Lisa completed her undergraduate studies at the University of California, Davis. In addition to her pre-medical coursework, she spent a year studying abroad in Spain obtaining a degree in Spanish. After leaving Reno once again for physician assistant school, Lisa is excited to be back home to carry on her family's long tradition of medicine in Northern Nevada.

In 2007, Lisa graduated with honors from Touro University in Las Vegas, earning a Masters degree in Physician Assistant Studies. She is certified by the National Commission on Certification of Physician Assistants. She has completed a neurosurgery fellowship.

She completed 2 years with SpineNevada before joining Nevada Neurosurgery in 2010.

