



Newsletter

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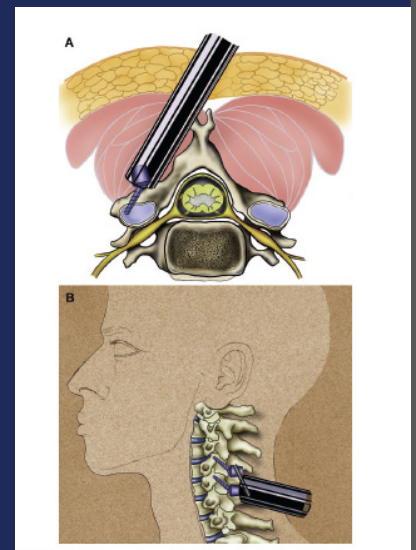
Minimally-Invasive Spine Surgery (MISS)

Lali Sekhon, MD, PhD, FACS



Minimally-invasive spine surgery encompasses surgery that achieves the following:

- Small incision
- Working under a microscope
- Earlier mobilization
- Latest techniques
- Smaller scars/less scar tissue
- Reduced blood loss
- Less pain
- Less soft tissue damage
- Reduced muscle retraction
- Decreased postoperative narcotics
- Shorter hospital stay
- Possibility of performing on outpatient basis
- Faster recovery
- Quicker return to work and activities



Dr. Sekhon uses MISS techniques, when appropriate, in the neck, back and even brain.

- Anterior cervical fusions and artificial discs
- Posterior cervical foraminotomies
- Lumbar fusions
- Lumbar microdiscectomies
- Spinal fusions, performed from the front, back or side
- Kyphoplasty for fractures
- X'STOP
- OLIF , DLIF, TLIF, PLIF

